



BCC Student Government Association

Meeting Minutes

October 4th, 2022

Members Present: Suzanne Bateman, Mariangel Dus, William Garrity, Michael Guertin, Kathaleen Mogul, Christabel Morkeh, Gavin Sommers, Gloria Souza, Lorena Souza (remote), Christopher Supacela, Cameron Turner

Members Absent: Bryson Laughner (excused), Tina Schettini (advisor)

Guests: Celia Norcross (advisor pro tempore), Lisa Mattila, Kevin Thomas (arrived at 2:36pm)

Next meeting: Tuesday, October 11th at 2pm in the Susan B. Anthony Lounge

1) Call to Order

The meeting was called to order at 2:03pm by President Mari.

2) Roll Call

Secretary William called the roll.

3) Approval of Minutes

Secretary William gave out copies of the draft minutes of the September 27th SGA meeting to all the members for review.

Motion by Trustee Autumn, seconded by Vice-President Lorena to approve the minutes of the September 27th, 2022 SGA meeting, was approved unanimously.

4) Reports and Presentations

a) Message From Tina

President Mari mentioned to members that Tina was unable to be at today's SGA meeting and that Celia Norcross is filling in as the advisor for this meeting. President Mari shared a message to all members from Tina telling them to read their emails and to answer her by tomorrow in regards to being a member on one of the shared governance committees.

- b) President's Report
 - i) Congratulations to Lorena

President Mari congratulated Vice-President Lorena in her new position as Vice-President of Leadership of the BCC Chapter of Phi Theta Kappa. She also congratulated Trustee Autumn as the new Student Trustee to the BCC Board of Trustees.

- c) Committee Reports

None

- d) Grant Funds to Improve Student Mental Health w/ Kevin Thomas and Lisa Mattila

Lisa Mattila introduced herself to the group as BCC's Personal Counselor. She gave an overview of the services provided on campus regarding personal counseling and mental health and gave a handout to all members (Page 4).

Lisa brought up that she was here today to solicit feedback from the SGA regarding a \$98,600 grant to help students after the pandemic regarding mental health. She discussed that so far they have used the funds on a few events with speakers coming to speak to students about mental health and the new recovery lounge in M303. Lisa mentioned recovery could mean recovery from substance use, mental health, or even a physical illness. President Mari shared her experience going to the recovery lounge and how helpful the place was when she was stressed that day.

Lisa invited members to participate in an activity where they wrote 3 things that BCC students could benefit from regarding mental health and wellness and to put it on the board (Page 5). Lisa and members discussed the findings of the activity and various projects and events that could be explored using the grant funds.

Kevin Thomas arrived at 2:36pm.

Lisa and Kevin thanked the members for their time.

5) Old Business

None

6) New Business

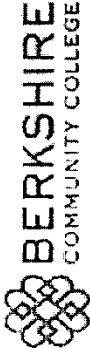


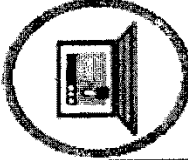
President Mari asked Celia if Burke's Fitness Battle could make a return. Celia responded that a "mini" Burke's Battle will be happening closer to Thanksgiving of this year. She also mentioned that Paterson will be doing some outdoor events in the upcoming weeks, including the use of an outdoor tennis and badminton net.

7) Adjournment

- a) Rose and Thorn
- b) Adjournment

Motion by Secretary William, seconded by Member Gloria to adjourn the meeting, was approved unanimously.

The meeting adjourned at 2:57pm.

<p>Introducing:</p> <h2>My BCC Wellness</h2> <p>Additional mental health support for Berkshire Community College students</p>  <p>BERKSHIRE COMMUNITY COLLEGE</p>	 <h3>24/7 Support Line</h3> <ul style="list-style-type: none">• Licensed clinicians answer student calls• Risk assessment, in-the-moment support, and connecting students to additional resources• Customizable provider schedule• Available to students in U.S.• Call: 833-434-1217
 <h3>In Person or Online</h3> <ul style="list-style-type: none">• Set up a free appointment with a therapist online anywhere, at any time• Meet face-to-face with a counselor• Call: 833-434-1217	 <h3>The Wellness Hub</h3> <p>Articles and videos on mental health and wellness topics including:</p> <ul style="list-style-type: none">• Mental and emotional health• Fitness and nutrition• Academic performance• Stress management• Healthy relationships and more• Visit: mybccwellnesshub.com



